



May-
June
2022

AARP Creating Real Possibilities

Enhancing the quality of life for all as we age—not just serving our nearly 38 million members—is our mission. At its heart, the work that AARP and its affiliates do can be summed up in just 12 words: “We fight for and equip each individual to live their best life.” It’s all about real possibilities.

Checkout AARP.ORG to find Real Possibilities to enhance your life>



May is Older Americans month. It was a proclamation that was brought in 1963 by JFK, and became this National Senior Citizens month, in 1963. A couple years later, President Johnson turned it into Older Americans month. It was to raise awareness and encourage community involvement.

There is no minimum age to join AARP.

While AARP is dedicated to improving the lives of people as they age, there is no minimum age to join. Some benefits are limited based on age, but many benefits and discounts are open to people of all ages. We have content that can help you prepare for retirement, financial planning, and life now before you turn 50 - the younger you are the more you need AARP!

AARP offers a number of [services to members](#), as well as to the general public. Such services include expert tips on [retirement planning](#). The organization is now offering a free webinar titled “**The Role Social Security Can Play in Your Retirement**” as part of the organization’s online learning series.

The virtual event will cover topics such as how many years you need to work to earn benefits, how continuing to work may affect your benefits, why health insurance is such an important aspect of retirement planning, spousal and [survivor Social Security benefits](#), and how to get additional help with retirement planning.

Best of all, those who attend the live webinar — to be held on May 24, 2022 at both 7 p.m. EST and 7 p.m. PST, will have a chance to schedule a 10-minute, one-on-one live call with a Certified Financial Planner to have even more of your retirement questions answered in a private setting. Guest speakers include volunteer CFPs like Martin Booker, a CFP and AARP program manager; Jonathan Peterson, author of AARP’s Social Security for Dummies; and Derek McGinty, journalist and commentator.

AARP is also advertising a second free webinar, “**Managing Your Social Security Benefits Online**,” to be held on June 16, 2022, at 7 p.m. EST and 7 p.m. PST times.

To pre-register for any of these webinars and reserve your spot, go to <https://local.aarp.org/virtual-community-center/work-money>. **Even if you aren’t sure if you can attend the webinars, you should still pre-register, as you can watch the replay on-demand at your convenience.**

Moscow Senior Meal Site and Senior Center

Operated by Friendly Neighbors Senior Citizens, Inc.

1912 Center
412 East Third Street
Moscow, Idaho 83843
(208) 882-1562

**E-mail: friendly.neighbors@yahoo.com
Moscow Senior Activities**

The senior meal program and senior activities operated by Friendly Neighbors Senior Citizens; Inc. have returned to pre-pandemic (March 2020) levels. Our congregate meals returned on June 1, 2021, and all activities will be back as of May 2022.

If you want to know the status of the meals or activities, call the phone that rings in the Welcome Room: 208-882-1562; leave a voice message if no one answers.



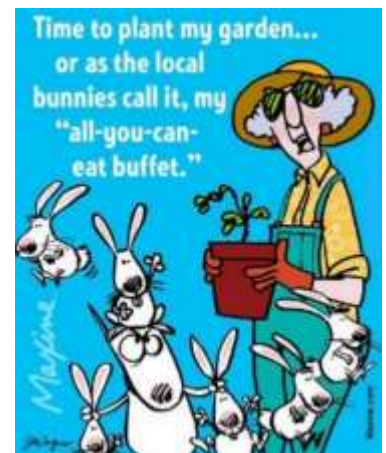
Friendly Neighbors Senior Citizens, Inc. is a non-profit recognized by the IRS as a 501(c)(3) charitable organization. Friendly Neighbors is proud to be a 2021 United Way agency member of the [United Way of Moscow/Latah County](#).

Donations are critical to the work of Friendly Neighbors. The donations we receive for senior meals served and delivered do not cover the actual costs of the meals. If you would like to help us continue to provide these needed nutrition services to Moscow area seniors, donations may be sent to our address of Friendly Neighbors, 412 East Third St, Moscow, ID 83843. Checks may be made out to "Friendly Neighbors."

Mark Your Calendars for the following

2022 Latah AARP Calendar of Events

- May 24:** Telephone Town Hall. w/Sen. Crapo
- July 4:** Celebrate Independence Day
- Aug. 4:** Latah AARP Board Meeting
- Sept. 3:** UI vs. WSU Football game
- Sept. 5:** Labor Day
- Sept. 6:** Idaho AARP Executive Council Meet with Members & Public Meeting
- Sept. 6:** Idaho AARP Executive Council Meet in Moscow w/Latah AARP Board
- Sept. 15-18:** Latah County Fair
- Sept. 23:** Latah AARP Member Meeting
- Oct. 21:** Latah AARP Candidate Forum County & Legislative Candidates
- Nov. 3:** Latah AARP Board Meeting
- Dec. 9:** Latah AARP Member Meeting



***President's Memo
To All Latah AARP
Members & Friends***

It's been a long time since you've received a ***Latah AARP*** Membership Newsletter and an update of events & happenings in our area. Part of this is due to uncertainty and part to changing circumstances. A major decision was Not to engage in '*face to face*' events for Latah AARP Board and members unless and until our health safety circumstances and situation in North Central Idaho improved. Sad to say, we are still in a '*time of uncertainty*'. January saw incredible and dangerous rising case numbers due to the Covid Pandemic. The numbers improved greatly in February, but in March things changed - - again. We are Now in our third (or fourth) '*surge*' of the Corona Virus with another version (mutation) of the virus. While the vaccine and two boosters have been most helpful (especially for seniors) the virus continues. Further, the largest percentages of hospitalizations and deaths are in the '*senior segment*' of our population and we wish to proceed with great caution.

Based on the realities of the health situation in our area, we will not be meeting or participating in any '*in person*' events till **August 4** when we plan to hold our next '*in person*' **Latah AARP Board** meeting. That will be followed by two events - - a public meeting with our **Idaho AARP Executive Council on September 6** and a regular **member meeting September 23**. You will receive more details about these events later. Do you

have a suggestion for a speaker or topic for the September 23 meeting? Both events are based on the assumption there will be no serious and/or adverse developments in the interim. We hope our situation will continue to improve, people will get vaccinated, and all will take reasonable precautions to avoid becoming ill.

In the meantime, there is some '*news*' to be reported. Vice President ***Rhonda Comstock*** presented at the April 1 UI Financial Conference on behalf of AARP. She did a great job. Perhaps some of you were able to attend? ***Tax Aide*** volunteers provided information and assisted with tax return preparation in March and April at the 1912 Center. Dozens and dozens of people received assistance. Thank you to those volunteers. And, you have the opportunity to participate in a Telephone Town Hall with Sen. Mike Crapo on **May 24**. Details are elsewhere in this Newsletter. Thank you Idaho AARP Director ***Lupe Wissel*** for arranging this event.

We are continuing to ask for **volunteers** to serve on our ***Latah AARP Chapter Board*** and as officers. If you might be interested, please contact me or any other officer or board member. We will be happy to provide you with information and attempt to answer your questions. And, you are invited to attend our August 4 Board Meeting - - time & place to be decided later.

***Louise Regelin, Latah AARP
President***



An important letter many of us have received from AMAZON regarding Scammers

We want to help protect you from scammers that attempt to impersonate Amazon. Remember these important clues so that you can identify scams and keep your account and information safe:

1. **Never feel pressured to give information (such as your credit card number or account password) over the phone, especially if the call was unexpected.** Scammers may try to use calls, texts, and emails to impersonate Amazon customer service. If you're ever unsure, it's safest to end the call/chat and reach out directly to customer support through the Amazon app or website.
2. **Never pay over the phone.** Amazon will never ask you to provide payment information, including gift cards (or "verification cards", as some scammers call them) for products or services over the phone.
3. **Trust Amazon-owned channels.** Always go through the Amazon mobile app or website when seeking customer support or when looking to make changes to your account.
4. **Be wary of false urgency.** Scammers may try to create a sense of urgency to persuade you to do what they're asking. Be wary any time someone tries to convince you that you must act now.

For more information on how to stay safe online, or to report suspicious communications, visit the Amazon Customer Service page, which can be found in the Help section at the bottom of the Amazon home page.

Latah County AARP Chapter 2021-2022 Board of Directors

Officers:

President Louise Regelin (208-882-2789)
 Vice President - open
 Vice President / Newsletter Rhonda Comstock
 Secretary Carolyn Strong
 Treasurer Corrine Lyle

Board of Directors:

Tom Trail	Carol Bennett
Carrie Bitterwolf	Corrine Lyle
Nancy Lyle	Judy Reisenauer
Janie Nirk	
Louise Avery	

Interested in Serving Your
Local AARP Chapter?

Your Latah AARP Chapter is looking for people who are interested in serving on the Chapter Board or as Officers.

If you are interested in serving or wish to nominate someone, please contact President Louise at 208-882-2789 or by email at regelinl@genesee-id.com

If you have newsletter information you feel our local AARP Chapter members would be interested in, please email it to Rhonda Comstock at comstock@moscow.com

Become a Safer, More Confident Driver

You could also save on auto insurance with the AARP Smart Driver course!

Why Take a Defensive Driving Course?

The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned. **Register www.aarpdriversafety.org**

Our Smart Driver online course will help you:

- Receive a multi-year discount on your auto insurance.*
- Refresh your driving skills and your knowledge of the rules — and hazards — of the road.
- Reduce your chances of receiving a traffic violation or getting into an accident.
- Learn at your own pace — you'll have 60 days to complete the course!

The AARP Smart Driver online course covers:

- Research-based safe driving strategies.
- Information on the effects of medication on driving.

- Preventive measures to reduce driver distractions.
- Proper use of safety belts, air bags, anti-lock brakes, and new technology found in cars today.
- Techniques for handling left turns, right-of-way, and roundabouts.
- State-specific rules and regulations in 19 key areas, including construction zones, child safety seats, school buses, cellphone use and more.
- Easy-to-follow format incorporating adult-learning principles



"How could I have been doing 70 miles an hour when I've only been driving for 10 minutes?"

Will I get an auto insurance discount and/or a reduction in points for completing the course online?

The AARP Smart Driver™ online course is recognized as an approved accident prevention course for all drivers by the Idaho Transportation Department. By enrolling in this course, drivers of all ages may receive a three-point reduction from their driving record every three years or insured drivers age 55 and older may be eligible for an appropriate reduction in automobile insurance premium charges after completing this course. Please check with your insurance company or agent for any additional requirements for eligibility.