



## DECEMBER 2020

### AARP in person meetings still 'Shut Down' till Further Notice

We are crossing our fingers for a MARCH 2021 meeting! We are all still looking forward to an in person meeting where we can hug, share our family updates, and bless each other with our encouraging smiles. Hang in there ... we honestly believe will be able to meet again soon.

But until then .... Hop onto your computer and check out these great upcoming AARP events.

### Smart Driver Class Update

At present no drivers sessions have been scheduled. It is not expected that they will resume until late in 2021.

However, national AARP is researching the possibility of doing the classes "online" in a virtual format.

We will keep you posted if there are any for future developments.

## AARP Tax Aide Program Needs Volunteers

AARP Foundation has sponsored Tax Aide programs for years. In 2021, we are hoping for the best. If you have volunteered previously OR are interested in volunteering, please contact them and let them know your interest. Accounting or finance experience is Not necessary - - IRS approved training will be provided. This program has assisted millions of people in past years and it is forecast the need will be even greater this year. Interested?

Go to [aarpfoundation.org/taxaide](https://aarpfoundation.org/taxaide) for more information.

Pre-registration is required. **Register for each presentation you are interested in using the links above.**



Since March, **Idaho Governor Brad Little**, health officials, financial experts, legal experts and AARP Idaho have participated in statewide telephone town halls to provide updated information and answer questions regarding the ongoing coronavirus situation in Idaho. You can listen to past telephone town halls [HERE](#).

**The hour-long conversations (all noon MTN) will continue every two weeks:**

- 12/8 guest TBD
- 12/22 guest TBD

**There are three ways to participate:**

- dialing toll-free 866-767-0637 at the time of the call (participants call then press \*3 and be connected to ask their question directly)
- registering to be called in advance at <https://vekeo.com/aarpidaho/>
- streaming live at [www.facebook.com/aarpidaho](http://www.facebook.com/aarpidaho)

This is an interactive forum and participants are encouraged to call and speak directly with the Governor. Tens of thousands of Idahoans have joined these calls over the past month. Questions may also be submitted ahead of time via email at [aarpid@aarp.org](mailto:aarpid@aarp.org).

***This important call is available for anyone regardless if they are an AARP member or not.***

**A Time for Kindness - -  
Can I Do Something?**



November is Veterans Day & Thanksgiving. December is Winter Solstice, Holiday Spirits, Gift Giving and Christmas - - While waiting for all the new opportunities and beginnings of a New Year. So, What Have I Done? What Can I Do? Each of Us Can Do Something. *"It is only in the Giving of Oneself to Others the We Truly Live."* Ethel Percy Andrus, founder of AARP, said this decades ago. It is true today.

Our national organization donated \$250,000 to Meals on Wheels America when COVID-19 became the Pandemic. Our AARP Foundation has raised and given out hundreds of thousands to low income adults. Sad to say, while the giving was significant, it is Not enough. The Pandemic continues and the number of people in need has increased.

Of course You can Do Something. It might be phone calls to friends and family who are isolated, alone, and/or in need. It can be a \$10 donation to the Humane Society for Kitty Litter. What about writing letters or sending cards to Veterans in the Veterans Home? You might volunteer at or with a local food bank? How many coats in your closet? Can you donate one or three to a homeless shelter or other organization? What about an extra gift to your favorite charity? This is a time of year to Remember and Value our Gifts - - And think about sharing - - Whether with friends, organizations, causes, families, Or? ? ? Please Share.

~ President Louise Regelin ~



**One Day University  
Lecture Series,  
Presented by AARP  
Music & the Brain**

Wednesday, Dec 16, 2020

From 5:30pm to 7pm Eastern Time

**Streaming online via One Day University Online**

Contact: Find Fun with AARP

Email: [findfun@aarp.org](mailto:findfun@aarp.org)

Join AARP for our **One Day University Virtual Lecture Series and live Q&A Wednesday,**

**December 16 at 5:30 pm ET** with Tufts University's Aniruddh Patel.

This event is FREE but you must REGISTER to participate.

## Music & the Brain

In this lecture Prof. Aniruddh Patel of Tufts University and author of *Music, Language, and the Brain* will discuss a wide variety of research studies bearing on the evolution and biological power of music. These will include studies of how music is processed by other species, and studies of how active engagement with music enhances brain function, including both neurologically normal individuals and those with brain disorders.

**Professor Patel will participate in a LIVE Q&A immediately following the pre-recorded lecture. This event is FREE but you must REGISTER to participate.**

## Election of Chapter Officers and Board Members

Elections are normally held Mid December and terms begin in January. We will Not be meeting in December. To accomplish an election, another issue of our Chapter Newsletter will issue in LATE December with a list of nominees.

If anyone is interested in serving in any capacity, or, wishes to nominate someone, please contact either or both Secretary Carolyn Strong ([cstrongsta@yahoo.com](mailto:cstrongsta@yahoo.com)) or President Louise Regelin ([regelinl@genesee-id.com](mailto:regelinl@genesee-id.com)) at 208-882-2789.

If efforts to conduct an electronic election are unsuccessful, current board members & officers will continue to serve into 2021. We do need some additional Board Members.



## AARP Idaho's Updated Caregivers Guide

In October, Idaho AARP printed the revised **A Resource Guide for Idaho Family Caregivers**. Copies are available by calling or emailing Idaho AARP (866) 295-7284. Or if you would like this complimentary guide mailed to you simply send an email to [aarpid@aarp.org](mailto:aarpid@aarp.org) with your full name and complete mailing address and one will be sent to you.

President Louise Regelin also has several copies. The Guides are free and provide information about various topics: Caregivers Supports, Financial & Legal Information, and various other resources and information. Please take advantage of this resource. We are all (or will be) caregivers OR will need care - - this is a valuable & useful resource.

## Latah AARP Treasury and Dues

Latah AARP operates on a calendar year. Our dues are \$10/year. If you have not paid dues recently, please do so before January. We do not anticipate any unusual or large expenditures, but desire keeping our Chapter on a sound financial basis. You may mail your checks to Louise Regelin at P. O. Box 9212, Moscow ID 83843, She will transfer to treasurer Corrine Lyle.



## Gritman Opens New COVID Testing Center

Gritman has had 'drive through' testing for some time in a 'temporary' facility. They have recently installed a more permanent facility and will soon be open for testing. Please contact Gritman for further information - - 208-882-4511.

If you have questions about your symptoms or situation, please contact your physician to see if you should be tested. Latah County has an increasing incidence of COVID cases. Senior Citizens are an 'at risk' group. Please be careful - - Wear a Mask, Wash Your Hands Often, Maintain Social distancing - - AND, stay home if possible.



**We may be isolated, but we don't have to be alone.**

**New AARP companion website with more information than ever for Seniors!**

<https://aarpcommunityconnections.org/>  
AARP Community Connections

**Give or Get Help During the  
Coronavirus Pandemic**

We may be isolated, but we don't have to be alone. AARP Community Connections is a new website that offers steps to find help – or give it – during the coronavirus pandemic.

Give or get help on the site or request a phone call from an AARP volunteer Monday-Friday, 9 a.m. to 5 p.m. ET.

### AARP FRIENDLY VOICE **Connecting People to People**

We may be isolated, but we don't have to be alone.

Sometimes, just hearing a friendly voice on the other end of the line can help in challenging times. Trained AARP Friendly Voice volunteers will provide a call to say hello.

#### **Request a call:**

***Call us directly at 1-888-281-0145 and leave us your information and we will call you back***

**One of our volunteers will be calling you from the following number:  
1-888-281-0145**

#### **Please note:**

The caller ID will say "800 Service." Please take note of this number so that you recognize it when a volunteer calls. It is also beneficial if you have voice mail in case we miss you.





# AARP Virtual Trivia - Live Trivia on December 8 & 15

Tuesday, Dec 8, 2020  
From 7pm to 8:45pm Eastern Time

## Online via Zoom Online

Contact: Find Fun with AARP  
Email: [findfun@aarp.org](mailto:findfun@aarp.org)

## REGISTER

**Join AARP for a fun game of virtual trivia via Zoom on Tuesday, December 8 at 7 pm ET/ 4 pm PT!**

AARP is hosting a fun-filled event of friendly competition, laughter and community! Join us to connect with members and guests across the country as we test our knowledge while learning about how AARP is supporting our members and the 50-plus community.

We will be playing Live Trivia, where teams compete against one another on a variety of categories such as pop culture, sports, history and AARP. The winning team will receive a prize! Read the rules of the game [here](#).

So, register now to play trivia with AARP members and friends across the country! You do not need a team to participate! Teams are randomly assigned once you join the game.

**This event is FREE to participate but pre-registration is REQUIRED in order to gain access to the event.** Please do NOT opt out of CVENT emails, as you will be emailed a link to join the game via Zoom on the day of the event.



## Latah County AARP Chapter 2020-2021 Board of Directors

### Officers:

President Louise Regelin (208-882-2789)  
Vice President - open  
Vice President / Newsletter Rhonda Comstock  
Secretary Carolyn Strong  
Treasurer Corrine Lyle  
Past President Dan Bosse

### Board of Directors:

Tom Trail	Joy Lunsford
Valda Steele	
Jane Pritchett	Nancy Lyle
Janie Nirk	Corrine Lyle
Louise Avery	Judy Reisenauer

Interested in Serving Your  
Local AARP Chapter?

Your Latah AARP Chapter is looking for people who are interested in serving on the Chapter Board or as Officers.

If you are interested in serving or wish to nominate someone, please contact President Louise at 208-882-2789 or by email at [regelinl@genesee-id.com](mailto:regelinl@genesee-id.com)

**If you have newsletter information you feel our local AARP Chapter members would be interested in, please email it to Rhonda Comstock at [comstock@moscow.com](mailto:comstock@moscow.com)**